



Meet Trisha Torrey

Every Patient's Advocate

Helping Patients Help Themselves

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Are you struggling with a difficult medical diagnosis?

Do you need help communicating with your doctor?

Are you fearful you may have been misdiagnosed or may be the victim of a medical error?

Do you need to get a hold of your medical records, and then translate what they mean?

Are you facing a surgery or a hospital stay?

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Newspaper columnist, radio talk show host, [About.com](#) patient empowerment expert, blogger, author and dynamic healthcare speaker, Trisha Torrey, is Every Patient's AdvocateSM.

She provides information and practical suggestions to **help you take responsibility for your own medical decisions**, and **partner with your doctors** to attain the best outcomes possible for your medical situation. She can help you learn to be a **good health care consumer**, and to understand **patient safety and patient advocacy**.

Her goal is to **empower patients with the tools they need to improve their chances for a good medical outcome**.

[Read Trisha's columns](#), read or listen to her [Every Patient's Advocate tips](#), invite her to [be a speaker at your next conference](#) or gathering or [learn about why Trisha does this work](#).

Or [read Trisha's book](#):

You Bet Your Life!
The 10 Mistakes Every Patient Makes
*(How to Fix Them to
Get The Health Care You Deserve)*

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